

59th Annual NHAA Convention

TRUDGING THE ROAD
OF HAPPY DESTINY



DoubleTree by Hilton Nashua

in Nashua, NH
April 17-19, 2026

Welcome, Dear Friends!

Thank you for joining us this weekend as we Trudge the Road of Happy Destiny together. This year's Convention theme reminds us that recovery is a lifelong journey, lived one day at a time. Thanks to the Twelve Steps of Alcoholics Anonymous and through the grace of a loving Higher Power, we have found a life of purpose and joy. The gift of sobriety was freely given to us, and it is our great privilege to share it with others who want what we have. Let's join hands, laugh, dance and celebrate this amazing journey.

"Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny."

~Alcoholics Anonymous, p. 164

THINGS TO NOTE

Red Ball Meeting

Looking to get acquainted with your fellow convention goers?! Attend one of the two Red Ball Meetings available on Friday night to make friends & have fun.

Big Book Signing

Big Books will be given to the 2 newest members at the Sobriety Countdown on Saturday. Be sure to add your words of encouragement inside the book! They can be found on the same table where you decorate your name badge.

Drum Circle

Experience the magic of a drum circle led by members of the Manchester Drum Circle Group. Participate in this one-hour meeting with drum meditation. BYODrum is encouraged but not required. Everyone is welcome!

Crafting Workshops in the Hunt Club

It is easy to stay in our head, but sobriety also lives in our hands & hearts. These 4 unique workshops are an invitation to “hands on” sobriety for both AA & Al-Anon.

Yoga in Salon A

Start your morning with a gentle yoga class and set an intention for an amazing day. This class is for everyone – you do not need prior yoga experience. A professional yoga instructor will lead the class. Wear comfortable clothing and bring a yoga mat or towel.

Dancing on Saturday Night!

Get out your dancing shoes, let go of your inhibitions and dance the night away! Main ballroom; immediately following the main speaker meeting. Music by DJ Anonymous.

Hospitality Suite (located on the 8th floor)

The hospitality suite offers snacks and simple bites, hot and cold beverages and a comfortable place to relax and mingle.

Suite Hours:

- Friday: 4:00 pm - 7:30 pm, 9:15 pm - 10:15 pm.
- Saturday: 7:00 am - 7:30 pm , 9:30 pm-10:30 pm.
- Sunday: 7:00 am - 10:00 am.
- Closed during all main speaker meetings.

*Check out the foyer for Literature, Merchandise & Raffles!
Raffles will be drawn at 7:45pm, before the Saturday night speaker!*

Please wear name tags to all events over the weekend. Stop by the convention registration desk if you need a new name tag.

Hours are Friday 2:30pm - 8pm & Saturday 8am - 8pm.

FRIDAY

2:30pm	Registration Opens	Foyer
3:00-4:15pm	Red Ball Meeting	Salon B
	AI-Anon Movie: When Love is Not Enough	Salon D
4:30-5:45pm	Making an Impulse Control Plan	Trafalgar
	Red Ball Meeting	Salon A
	Men's Meeting: Finding Your Inner Gentle Man	Salon B
	Women's Meeting: Finding Your Tribe	Salon C
	AI-Anon: Alcoholism - The Family Disease	Salon D
6:00-8:00pm	Plated Dinner (Ticket Required)	Hunt Club
8:00-9:15pm	AA & AI-Anon Speakers - Matt K & Justice K from CT	Ballroom
9:30-10:30pm	Drum Circle	Ballroom
11:00pm-12:00am	Night Owl Meeting	Trafalgar

SATURDAY

6:00-7:00 am	Early Bird Meeting	Trafalgar
7:00-8:00am	Yoga	Salon A
7:30-8:30am	Early Bird Meeting	Trafalgar
8:00am	Registration Opens	Foyer
9:00-10:15am	Rock Bottom to Solid Ground (Craft Workshop)	Hunt Club
	Upon Awakening	Trafalgar
	Accessing the AA Message While Neurodivergent	Salon A
	Aging in Alcoholics Anonymous	Salon B
	The First Year	Salon C
	AI-Anon: The Gifts of AI-Anon	Salon D
	The GOD Word	Amphitheater
10:30-11:45am	Recovery Bracelets (Craft Workshop)	Hunt Club
	Growth Through the 10 th Step	Trafalgar
	Living One Day at a Time	Salon A
	Sponsorship: Leading by Example	Salon B
	Replacing Fear with Faith	Salon C
	AI-Anon: Grandchildren of Alcoholics	Salon D
	Reaching People Where They Are	Amphitheater
12:00-1:30pm	Break for lunch! See p. 7 for nearby restaurants.	
12:15-1:15pm	"I Heard It Through the Grapevine" - NEW Story!	Trafalgar
1:30-2:45pm	Slogan Bookmarks (Craft Workshop)	Hunt Club
	Fearless and Searching	Trafalgar
	Giving Back to AA: the 3 Ts	Salon A
	Longtimer Speaker Meeting	Salon B
	Sober, Queer and Happy	Salon C
	Topics from the Forum	Salon D
	Anonymity in the Digital World	Amphitheater

3:00-4:15pm	Pieces of the Journey (Craft Workshop)	Hunt Club
	Change is Possible: Steps 6 & 7	Trafalgar
	Anger Without Alcohol	Salon A
	Men's Meeting: Learning to Trust Again	Salon B
	Women's Meeting: Learning to Trust Again	Salon C
	Al-Anon: Getting to Know Myself Through Al-Anon	Salon D
	Problems Other Than Alcohol	Amphitheater
4:30-5:45pm	Emotional Sobriety & Spiritual Gifts Through the 12 Steps	Trafalgar
	Young People in AA: We Hit Bottom Too!	Salon A
	No Matter What	Salon B
	Kitchen Table AA	Salon C
	Alateen	Salon D
	Are We Living in a Virtual World?	Amphitheater
6:00-7:45pm	Plated Dinner (Ticket Required)	Hunt Club
7:45-8:00pm	Raffle Drawing	Ballroom
8:00- 8:30pm	Opening and Sobriety Countdown	Ballroom
8:30- 9:30pm	AA Guest Speaker - Terri K from OH	Ballroom
9:45p-12:00am	Dancing!	Ballroom
12:00-1:00am	Night Owl Meeting	Trafalgar

SUNDAY

6:00-7:00am	Early Bird Meeting	Salon B
7:00-8:00am	Yoga	Salon A
7:30-8:30am	Early Bird Meeting	Hunt Club
9:00-10:15am	Self-Care	Trafalgar
	Sober for A While, Now What?	Ballroom
10:30-11:45am	Sunday Spirituality Speaker - Kesho S from MA	Ballroom
11:45-12:00pm	Wrap-Up & Closing Remarks	Ballroom

ABOUT THE HOTEL

Pets/Service Animals

The DoubleTree by Hilton Nashua is a pet-friendly hotel, but only active service animals or those in training as defined by the Americans with Disabilities Act (ADA) are allowed in the Convention spaces.

Breakfast in the Hotel Restaurant

Breakfast buffet is available in the Speaker's Corner Restaurant from 7:00 am to 11:00 am on Saturday and Sunday mornings. Discounted pricing is available to all Convention attendees who are registered as overnight guests of the hotel; discount coupons will be issued upon check-in.

Smoking and Vaping

These are allowed outside only and in designated areas, away from the main entrances. Please look for the signs.

NEARBY RESTAURANTS

Walking Distance

110 Grill (allergen friendly)
Applebees
Bistro 603
Cedars Café
Chen Yang Li

Fast Food - Walking Distance

Chick-fil-A
Five Guys
Market Basket

Short Drive

Bentley's Roast Beef
CAVA
Chipotle Mexican Grill
Common Man, Merrimack (allergen friendly)
Evviva Trattoria (allergen friendly)
Frontera Tacos & Tequila
K'sone's Thai Dining
Lilac Blossom
Pizza Queen
Tequila Jalisco Mexican Cuisine
Teriyaki Madness
Woodman's Artisan Bakery
Yoshimama Japanese Sushi Bar

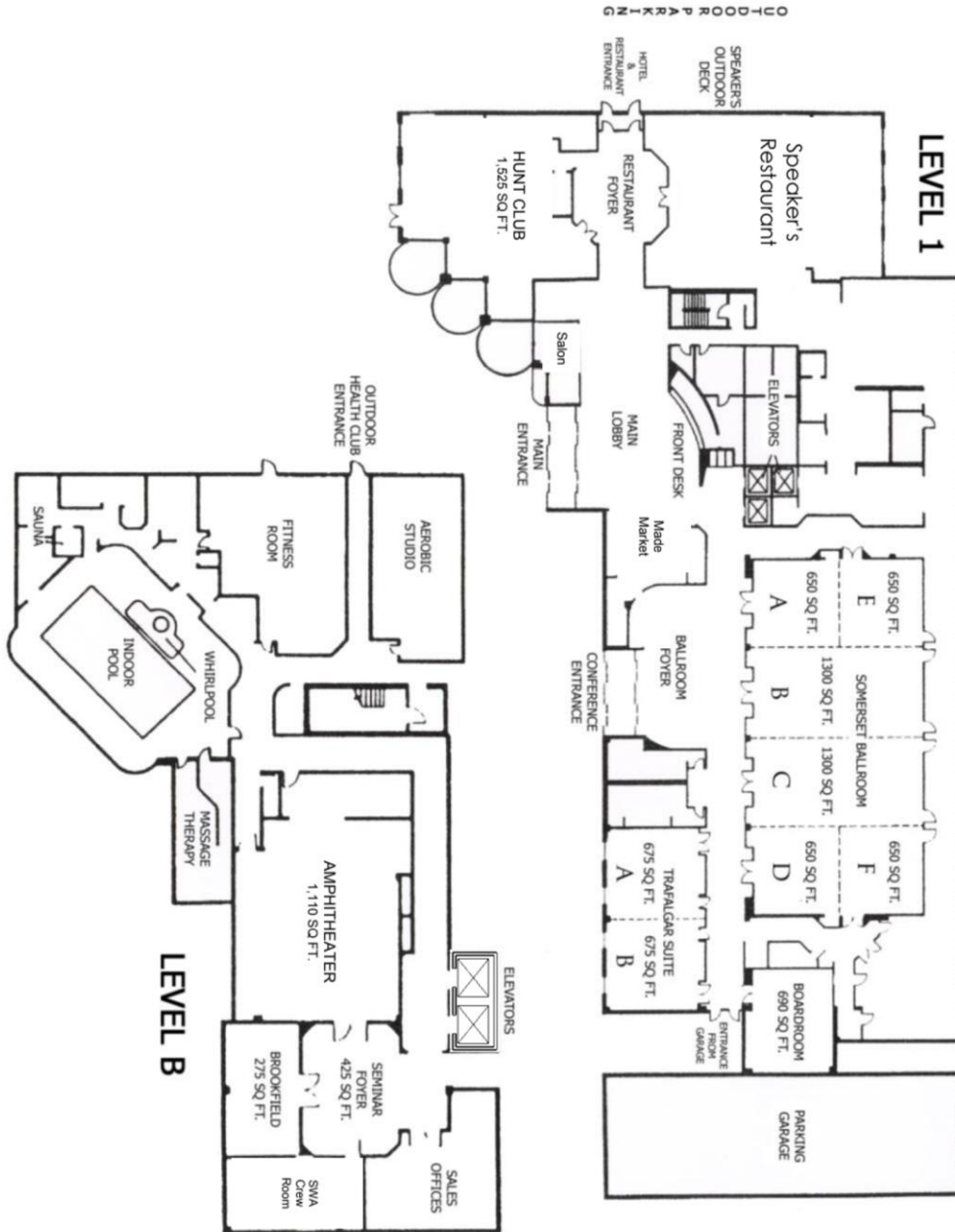
Fast Food - Short Drive

Burger King
Jersey Mike's Subs
Wendy's

Coffee & Breakfast Foods

Aroma Joe's
Dunkin's
Pressed Café
Smoothie King
Starbucks

HOTEL MAP



Please drop off completed survey forms at Registration at the end of the convention. If you would like to volunteer for the 2027 convention please email functions@nhaa.net.